

Old Tappan Soccer COVID-19 Practices & Procedures

1. General Summary

- a. Parents to understand that if they are sending their child to a practices or games they are attesting that their child is not ill, nor has come into contact with anyone infected with COVID-19 in the previous 14 days.
- b. Players, coaches, staff, and volunteers showing symptoms of COVID-19 shall not be permitted to participate. If any individual develops symptoms of COVID-19 during the activity, they should promptly inform organizers and must be removed from the activity and instructed to return home.
- c. Individuals, including coaches, players, and families, should stay home if they have tested positive for or are showing COVID-19 symptoms.
- d. Individuals, including coaches, players, and families, who have recently had a close contact with a person with COVID-19 should also stay home and monitor their health.
- e. Coaches, staff, officials, and athletes with COVID-19 symptoms shall be immediately separated at any sports activity.
- f. Individuals who have had close contact with a person who has symptoms should be separated and sent home as well, and follow CDC guidance for community-related exposure.

2. Practices Summary

- a. Upon arrival to field:
 - i. Attestation Form: Parent & Coach Attestation Forms to be checked & collected by the team parent.
 - ii. Sanitization: Parents are expected to apply sanitizer on hands of their children upon arrival.
- b. Players are to bring their own drinks and soccer balls. No team drinks/snacks.
- c. For team meetings, coaches will address players while they are at a social distance. For example, in a 6 foot grid formation, otherwise masks should be worn if in closer quarters.
- d. Coaches to wear face coverings throughout practice.
- e. Coaches to use drills which maintain social distancing as much as possible and avoid person-to-person contact.
- f. Only parents or guardians shall be permitted to attend practices but must remain either in the parking lot or underneath the pavilion keeping socially distant from others and must be wearing face coverings.

3. Games Summary

- a. Upon arrival to field:
 - i. Attestation Form: Parent & Coach Attestation Forms to be checked & collected by the team parent.
 - ii. Sanitization: Parents are expected to apply sanitizer on hands of their children upon arrival.
 - iii. Players are to bring their own drinks. No team drinks/snacks.
- b. Bench: Maximum of 4 people permitted on the bench at any one time, including coaches.
- c. Face Coverings:
 - i. Players are not permitted to wear face coverings when playing.
 - ii. Players are encouraged to wear face coverings when on the sidelines/bench.
 - iii. Coaches must wear face coverings throughout game.
 - iv. Referees must wear face covering except during the game.
- d. Equipment:
 - i. No sharing of any equipment, including gloves, pinnies, shirts, etc.
 - ii. Balls: Old Tappan Soccer will provide their own game balls to every home game. Balls will be sanitized after every game.
 - iii. No after game snacks as a team.
- e. Player Behavior
 - i. Spitting, handshakes, high-fives, team huddles, and any other close-contacting activities are not permitted.
 - ii. All participants must exit the field immediately upon conclusion of all practices and games.
 - iii. All participants must be socially responsible and respectful of those around them.
- f. Parents/Guardian Attendance
 - i. Only parents or guardians shall be permitted to attend games and shall remain on the parent designated sideline during games keeping socially distant from others and must be wearing face coverings.

Guidelines provided by the CDC and State of New Jersey shall be followed to the fullest extent